**Schemes of work**

**SUBJECT:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ GRADE :\_\_\_\_\_\_\_\_\_ TERM:\_\_\_/201\_\_**

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| **WK** | **TOPIC/CONTENT** | **SPECIFIC OUTCOMES** | **T/L**  **MATERIAL** | **METHOD** | **KNOWLEDGE** | **REF** |
| **1 and2** | **Safety and health**  **.** **Safety**  **.Environmental Protection** | **.Identify appropriate dress in class**  **.Compose songs on safety and health**  **.Demonstrate activities to keep envmt. safe** | **.LAB**  **.LAP TOP**  **.BROOMS**  **.SPORTS EQUIPMENT**  **.SAWS**  **.RELEVANT CHARTS**  **.WORKING TOOL EG RAKE** | **.DEMO**  **.W/C DISC**  **.P/WORK**  **.G/WORK**  **.Q/A** | **•Sports attire: sports shoes,**  **•Songs on drug abuse, safety, and care** | **..PTS LAB 4 PG53-61,1-11,31-44**  **..BT LAB 4 PG 1-10, 99-108,17-27**  **...SYLLABUS** |
| **3 and4** | **Home Management**  **. Care of the Home.**  **. Home Environment** | **.Clean the house and store different household items.**  **. Describe items used to clean surroundings**  **. Clean the surrounding** | **•Cleaning the house: dust, sweep, mop, polish freque**  **•Storage household items: long handled broom upside down bristle upwards, grass broom upside down**  **•Equipment used to clean the surrounding:Hard broom, Rake, Shovel.**  **•Cleaning the surrounding: Sweeping, racking.** |
| **5** | **The Computer Progra** .**Artistic programme** | **. Identify Artistic program Components**  **. Demonstrate ability to use Artistic prog** | **•Colour box, tool box, picture, button, choosing program, opening,**  **•Closing and exiting Artistic Program( Paint Brush)** |
| **6 and7** | **Health and Fitness Management**>**Health . Fitness** | **. Perform a series of physical activities**  **.Perform series of developmental activities**  **.Demonstrate refined isometric activities** | **•Developmental activities**  **•Refined Developmental activities using (Obstacles, Parallel bars, Mats, Muscle)** |
| **8 and9** | **Traditional and Contemporary Songs**  **.Traditional Songs**  **. Contemporary Songs** | **. Explain the meanings of different traditional and contemporary songs** | **•Meanings of songs**  **(Classes of songs)** |
| **10 and 11** | **Sports Skills Devlopmt**  **.Games (Modified Conv)**  **.Track and Field Events**  **.Traditional Games** | **.Demonstrate various sporting activities**  **.Talk about why people use drugs in sports**  **.Perform relay activities**  **.Perform a variety of traditional Games** | **•Various sports and games skills (Receive and pass baton, 50 meters, striking games, Short races, health related message)** |
| **12** | **Tool>>>>Saws** | **Cut pieces of timber** | **•Cutting, timber using tenon or cross cut saws** |
| **13** | **END OF TERM 1 ASSESSMENT-2019** | **EVALUATION** | **EVALUATION** | | **EVALUATION** |